



**THOMPSON-NICOLA**  
REGIONAL DISTRICT  
The Region of BC's Best

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March 26, 2019

## FREE DISPOSAL DAYS PLANNED ACROSS REGIONAL DISTRICT

The Thompson-Nicola Regional District has a series of Free Disposal Days coming up in April and May.

On Free Disposal Days, residents may bring in one free load per household to their local Eco-Depot or Transfer Station.

One load is defined as a maximum of one 8-foot pickup truck box or one 8-foot trailer. This event is for residential customers only. Regular tipping fees apply to commercial, business and municipal loads.

Dates, times, locations and accepted materials can be found at [tnrd.ca](http://tnrd.ca).

For more information, contact Andrew Roebbelen, Waste Reduction Coordinator, by phone at 250-377-7198 or email [aroebbelen@tnrd.ca](mailto:aroebbelen@tnrd.ca).



MUNICIPALITIES: Ashcroft | Barriere | Cache Creek | Chase | Clearwater | Clinton  
Kamloops | Logan Lake | Lytton | Merritt | Sun Peaks

ELECTORAL AREAS: "A" "B" "E" "I" "J" "L" "M" "N" "O" "P"