



FOR IMMEDIATE RELEASE

June 3, 2019

KAMLOOPS LIBRARY HOSTS AUTHOR AND MOTIVATIONAL SPEAKER

Kamloops author and motivational speaker Wai Hung Ma will be speaking at the Kamloops Library at 6pm on June 12th.

Wai is the author of two books, *Breaking Limitations* and *Motivation*, with a third book set to debut soon. Wai was born with Cerebral Palsy, which is often accompanied by poor coordination and learning disabilities. Wai has chosen to use his unique life experiences to help others learn how to overcome their own perceived personal limitations and reach their goals.



With his speeches, books, and personal coaching, Wai strives to help others in his community and around the world work through grief, bullying, and depression.

In partnership with the Kamloops/Thompson School District and the North Kamloops Rotary Club, Wai also produced a DVD to help youth become more compassionate individuals and avoid becoming bullies. *How to Become a Better Bully* turns the spotlight onto bullying and harassment in its many different shapes and forms.

Join us for this event as we talk with Wai and learn how he has overcome his own perceived limitations and how you can do the same. Feel free to join us for a Q&A after the event, or email your questions in advance to questions@tnrd.ca.

Wai's books will be available for purchase at the event and he will be on hand to sign them.

This event is free but seating is limited. To register please contact the library at 250-372-5145 or questions@tnrd.ca. This event will also be live-streamed via the TNRL Facebook page.

For more information, contact Catherine Schmidt, Adult Services Coordinator by phone at 250-372-5145 or email cschmidt@tnrd.ca.

