



**THOMPSON-NICOLA**  
REGIONAL DISTRICT  
The Region of BC's Best

300-465 Victoria Street  
Kamloops, BC V2C 2A9

Tel: 250-377-8673

Fax: 250-372-5048

Toll Free in BC: 1-877-377-8673

Email: [admin@tnrd.ca](mailto:admin@tnrd.ca)

Website: [www.tnrd.ca](http://www.tnrd.ca)

FOR IMMEDIATE RELEASE

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## FAMILY FITNESS PASSES NOW AVAILABLE AT THE MERRITT LIBRARY

The [Thompson-Nicola Regional Library](#) (TNRL) is pleased to announce a new partnership with the [City of Merritt](#) offering Family Fitness Passes for loan through the [Merritt Library](#).

The Nicola Valley Family Fitness Passes are now available and can be used at the Nicola Valley Aquatic Centre including the Lion's Den Fitness Room.



The pass is the newest addition to the TNRL's "Extreme Lending" program, which is a commitment to healthy communities and sees branches loaning out "experience passes" to help patrons discover, learn and grow.

For more information about the Nicola Valley Family Fitness Pass or to place your hold, visit [www.tnrl.ca/fitness](http://www.tnrl.ca/fitness).

For more information, contact Meg Gregory, Merritt Library Branch Head by phone at 250-378-4737 or email [mgregory@tnrd.ca](mailto:mgregory@tnrd.ca).



MUNICIPALITIES: Ashcroft | Barriere | Cache Creek | Chase | Clearwater | Clinton  
Kamloops | Logan Lake | Lytton | Merritt | Sun Peaks

ELECTORAL AREAS: "A" "B" "E" "I" "J" "L" "M" "N" "O" "P"